

Nike+ SportWatch GPS

POWERED BY **TomTom**

FAQS

What is the Nike+ SportWatch GPS?

The Nike+ SportWatch GPS is a GPS watch that provides athletes with the most dynamic and motivational running experience in the world – thanks to its unique functionality, beautiful design and connection to nikeplus.com, the world's leading running community with nearly 4 million members.

Why Nike and TomTom together?

This partnership brings together two market leaders – TomTom in the location and navigation sector, and Nike in the running market – resulting in an innovative game-changing sport watch.

How does the Nike+ SportWatch GPS work?

The Nike+ SportWatch GPS uses GPS data and the Nike+ Sensor to track your pace, distance, time, heart rate and calories burned.

Do I have to use the GPS and Nike+ Sensor together?

No. The Nike+ SportWatch GPS allows runners to run indoors or out – and track every step of their run. The GPS signal tracks your run outdoors and the Nike+ Sensor provides tracking inside (eg: on a treadmill or indoor track) and outside (when a GPS signal is weak). You can choose if you'd like to run using GPS, the Nike+ Sensor – or both.

Do I have to run with the Nike+ Sensor?

No. If the Nike+ SportWatch GPS has a strong GPS signal, you can run with only the GPS outside.

Do I have to run with the GPS?

No. If you have a Nike+ Sensor linked to the Nike+ SportWatch GPS, you can run with only the sensor. By linking to a sensor, you can run inside (on a treadmill or indoor track) or outside. The Nike+ Sensor tracks your speed and distance, but not your location or elevation.

Does the Nike+ SportWatch GPS work with a Heart Rate Monitor?

Yes. The Nike+ SportWatch GPS is compatible with the Polar Wearlink+ Transmitter (sold separately).

What is the price of the Nike+ SportWatch GPS?

\$199 USD

What are the specifications for the Nike+ SportWatch GPS?

Dimensions: 37mm x 256mm H x 16mm T

Weight: 66 grams

Is the Nike+ SportWatch GPS waterproof?

Yes. It is water resistant to 5ATM.

Does the Nike+ SportWatch GPS use batteries?

The Nike+ SportWatch GPS has a built-in rechargeable lithium ion battery. To charge the Nike+ SportWatch GPS, simply pop out the USB connector (embedded in the watch strap) and plug it into any computer USB port.

How long do I have to plug it in to full charge?

It takes approximately 2 hours to fully charge the Nike+ SportWatch GPS.

How long will the Nike+ SportWatch GPS battery last while I'm running?

In linking mode (linking to GPS or Nike+ Sensor), it will last up to 9 hours.

How long will the Nike+ SportWatch GPS battery last if I don't use it running?

In watch mode, it will last up to 2 months.

How does it upload my runs to nikeplus.com?

You'll need to download and install Nike+ Connect on your computer in order to customize the settings on your Nike+ SportWatch GPS and to upload your runs.

First, plug your watch into a USB port on your computer. You can also use the USB cable that came with your watch if a USB port on your computer is not easily accessible. If you're using a Mac, click the icon of the drive on your desktop. If you're using a PC, click the icon of the drive located in My Computer (it might launch automatically).

Double click the icon of the drive to open it, then double click the .html file. You'll be automatically sent to nikeplus.com where you can download the Nike+ Connect software. Make sure to follow the instructions to install the software on your computer.

Once Nike+ Connect is installed, it will automatically appear whenever you plug your Nike+ SportWatch GPS into your computer, and your runs will automatically sync to the account that is stored in your watch.

Does the Nike+ SportWatch GPS wirelessly connect to nikeplus.com?

No. You need to plug the Nike+ SportWatch GPS into a USB port on your computer.

Does the Nike+ SportWatch GPS have a subscription fee or ongoing costs?

No. There are no subscription charges for the product or for nikeplus.com.

Will the Nike+ SportWatch GPS give turn-by-turn directions?

No. Turn-by-turn directions are not offered on the Nike+ SportWatch GPS. Runners can plan and review routes before and after a run online via nikeplus.com.

What are the features of the Nike+ SportWatch GPS?

- GPS by TomTom and the shoe-based Nike+ Sensor: GPS functions in tandem with the Nike+ Sensor to optimize seamless tracking data during your run (eg: if you run thru an urban canyon and lose GPS signal, the Nike+ Sensor will continue to track your speed and distance).
- Run indoors or out: Because of the Nike+ Sensor, you can track your run data indoors on a treadmill or indoor track.
- Heart Rate Compatible: Compatible with the Polar Wearlink+ Transmitter (sold separately) to track your beats per minute.
- Run History: Stores the history of your most recent 50 runs.
- Personal Records: Stores your Personal Records of all Nike+ runs (any PR synced on any Nike+ device, not just on the Nike+ SportWatch GPS)
- Run Reminders: Get encouraging reminders when a run has not been logged in the past five days reminding you to run.
- Attaboys: After accomplishing a PR, messages will appear on the watch screen acknowledging your achievement.
- Direct Connect: USB contacts are molded into the watch strap allowing you to plug the watch direction into a USB port on your computer to upload run data and recharge the battery.
- High Contrast Display: Features a memory LCD that offers high contrast for the best in-motion experience and ultra-low power consumption
- Tap interface: Simply tap the display to activate the backlight and to mark laps during your run

•nikeplus.com: All run data is sent to nikeplus.com where you can see where you ran, find great new routes, challenge friends, reach new levels, set goals and train with Coach programs – all part of the world’s largest running club with nearly 4 million members

Does the watch offer a compass?

No, this is not a feature.

Does the watch serve as a pedometer?

The watch does not count steps; it does track laps and distance.

Does the watch track calories?

Yes, it is one of the core data points provided by the watch. The watch calculates calories based on your workout and entered weight.

What other mapping features are available to runners through the watch experience?

Athletes who want to get the most out of their run and from the Nike+ SportWatch GPS will have access to a huge catalogue of run routes logged by Nike and published by other runners on streets and trails around the world.

Each run will be graphically mapped with the help of TomTom technology, and include route notes, elevation and length. Runners will also be able to find the perfect route by searching the catalogue by location, length, difficulty, and even landmarks.

An innovative Map Passport feature allows runners to run and collect their favorite routes from their neighborhood, their town or from around the world that have been captured in the nikeplus.com catalogue.

Does TomTom power all of the mapping functionality?

TomTom provides the GPS functionality and location content that enables the online mapping data component. This partnership is focused on providing runners with further tools and enhancements on top of what they already enjoy about nikeplus, so TomTom’s systems are used in ensuring the map data displayed to the user after each run are as accurate as possible.

(Background: The online maps used by Nike+ community members are based on Google Maps.)

Where can I obtain warranty or repair service for my Nike+ SportWatch GPS?

The Nike+ SportWatch GPS is covered by a limited, one-year warranty. Go to nikeplus.com/downloads for a copy of the warranty as well as regional Nike+ customer service contact information.

Do I have to be a nikeplus.com member to use the Nike+ SportWatch GPS?

It is recommended that you establish an account on nikeplus.com when using a product like the Nike+ SportWatch GPS. The watch has a data storage capacity of approximately 15 hours of run data, so it is important to join nikeplus.com so that your runs can be uploaded to your account and cleared from the memory on your watch.

How do I calibrate the Nike+ SportWatch GPS?

The Nike+ Sensor is calibrated automatically using GPS. In order to calibrate your shoe sensor, you'll need to run outside for at least half a mile, and where there is also a strong GPS signal.

How accurate is the Nike+ SportWatch GPS?

The Nike+ SportWatch GPS uses the latest GPS technology powered by TomTom, which means it is extremely accurate.

What are the benefits of a GPS Watch vs a GPS App on my iPhone?

The Nike+ SportWatch GPS is a great way to track your runs using GPS in a low-profile, lightweight wrist-based device. If you like to run with music and want to use GPS to track your run, the Nike+ GPS App for the iPhone is the perfect solution for you. Both solutions allow you to upload your runs to nikeplus.com, to see where you ran, set personal goals, challenge your friends, and find great routes.

How durable is the USB connector? What happens if it breaks?

The USB connector is made of a durable, polycarbonate material and is designed to withstand normal usage while running and uploading your run data. Please refer to the limited warranty at nikeplus.com/downloads for more information on product related issues or concerns.

Can the Nike+ SportWatch GPS be used by multiple runners?

The Nike+ SportWatch GPS can only be linked to one [nikeplus](http://nikeplus.com) account at a time. Therefore, if multiple runners run with a single watch, the in-run data will reflect their current run metrics, however, once it is uploaded to nikeplus.com, it will be synced to the account stored on the watch.

What happens if my run doesn't sync? Will it be queued up for upload later?

If an Internet connection is not available, or if your run is not able to immediately sync to nikeplus.com, Nike+ Connect will queue your runs from your SportWatch for upload at a later time, and will clear your watch's memory so that you can record more runs. The runs will not be available to review on nikeplus.com until you have successfully established an Internet connection and/or successfully synced your run(s).

Will other people be able to track me when I run with my Nike+ SportWatch GPS?

For reasons of personal privacy, it is not possible for others to track you as you run with your Nike+ SportWatch GPS. You can however, choose to share your run information including the mapped route of your run with your nikeplus friends online after your run has been uploaded.

Will the Nike+ SportWatch GPS work for other sports (eg: cycling?)

Your Nike+ SportWatch GPS can be used in activities other than running. However, once the information is uploaded to nikeplus.com, the data from that workout will be represented as a run.

Where is the Nike+ SportWatch GPS manufactured and assembled?

The Nike+ SportWatch GPS is made in China.